## ⚠ Come, let us pray together!▲

### BEGIN: A CLEAN HEART

Ash Wednesday and its following days focus on A Clean Heart. We all need a reset button from time to time. God cave us Lent to do just that. O Lord, help us start again.

Month/Date	Scripture	Prayer
February 14 Ash Wednesday	Psalm 51:10	O Lord, how can the darkened mark on my head reflect your love? Create in me a clean, new heart from the ashes, Lord. I need a new heart and a fresh surge of courage. May I pause and think of you with every step.
15	Psalm 5:11-12	Spirit of Order, life can feel so disorienting and chaotic at times. Breathe over my life so I may be faithful to you. I need the new life you give!
16	Psalm 51:16-17	Healer of my Soul, my spirit broken before you is the only sacrifice you require of me. I come to you a bit crushed from the burdens that surround and overwhelm me. Welcome me into your presence.
17	Psalm 51:6	God of all Truth, help me pause to listen for your truth in my life. Your truth IS truth. Hide it deep within me in my secret-most places. Fill me with joy at the sound of your voice.

Daily verse: "God, make a fresh start in me, shape a Genesis week from the chaos of my life" Psalm 51:10 (Peterson version)

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### WEEK 1: PATHS

Our first week focuses on Paths. May we consider our path in life, pausing in the midst of change, and waiting on god who is LORD of all		
Month/Date	Scripture	Prayer
February 18	Psalm 25:1-4	Father, I want our path forward clearly marked, but that's not what I get. Help me trus you and adapt to the realities of change. Help me pause and listen for you.
19	Psalm 25:5, 16	O God, teach me to yearn for you and only you. Let me see you and your grace clearly in my life, for I am lonely and suffering.
20	Psalm 25:6	Lord of all mercy, I don't need to remind you so much of your mercy as you need to remind me. I need it in my life more than I realize. Help me pause to see it.
21	Psalm 25:7	Faithful Father, thank you that you don't keep reminding me of my past sins. I do enough of that myself. Instead, may I focus more on your great love and goodness, learning from the past but not being a slave to it. Your kindness frees me.
22	Psalm 25:8	Great Teacher, your way of doing things is always good, always right. Feel free to instruct me in the way I should be and the way I should go. I trust you!
23	Psalm 25:9, 10	Lord, my faith has taken many paths to bring me to you today. You lead me in what is right and teach me your way. All your paths are faithful and full of amazing love.
24	Psalm 25:11,12	O King, you freely pardon the sins of those who see how great you are. May I not take this for granted. Teach me how to make the best choices.

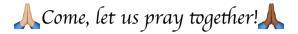
#### Daily verse: "Make your ways known to me, LORD; teach me your paths" Psalm 25:4 (CEB version)

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### WEEK 2: FACES

Our second week focuses on Faces. May we pause to see God's own beauty, to live in God's presence, to see God's face as around us.		
Month/Date	Scripture	Prayer
February 25	Psalm 27:1, 6	Light of all Life, encourage me to come to you first when I feel the darkness and am afraid. You are the presence that lifts me and helps me see the world for what it is. May I sing to you
26	Psalm 27:4, 5	Great Giver, I seek after many things. My greatest desire is to live wherever you live, to be wherever you are, and live in the shelter you provide for me - even in troubling times.
27	Psalm 27:7	Dear God, thank you that you will never push me away. You always listen for my voice, and to my voice. Remind me that your mercy is great. Please answer me.
28	Psalm 27:8, 9	God of my heart, I need to know that you're with me in my mundane as well as in my crises. Knowing you've been here in the past is a help, but I need to know you're with me now.
29	Psalm 27:9, 10	Lord, I need to see you in my life. I want to believe you're here with me but sometimes you seem hidden. Or maybe it's me. I know you won't leave me alone - no matter what.
March 1	Psalm 27:11, 12	Wonderful Fortress, I bounce between trusting that you're with me and focusing on my anxieties and fears. You are with me both in times of safety and of danger. You never leave me.
2	Psalm 27:13, 14	Face of God, show me how to find your face in the faces of everyone around me. Fill my life with hope in you. Strengthen my resolve and fill me with courage to see you and your goodness in each person I meet - even the least likely.

#### Daily verse: "I know deeply that I will experience there LORD's goodness in the land of the living" Psalm 27:13



## WEEK 3: BLESSING

Our third week focuses on Blessing. May they provide a chance in our perspective as we see that our whole life is a blessing from God that we can share with others.

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Month/Date	Scripture	Prayer
March 3	Psalm 63:1,2	Living Water, I'm thirsty for something in life. May I see that this something is you. Help me be content to gaze on your power, Your glory and loveto think about these things.
4	Psalm 63:3	God of my Heart, I long for many things in life but I know that only you can provide real satisfaction. May I long for your kind of love, a steadfast, steady love, that only you give.
5	Psalm 63:4	God of the Ages, I want to bless you as long as I live. Calm those hesitations that keep me from lifting my hands to you and calling out to you. You alone are my refuge, my safe place.
6	Psalm 63:5,6	When I lie down at night, Lord, be in my thoughts and in my heart. I want my dreams to be of your love and protection, for you bless me with these.
7	Psalm 63:7,8	Great Helper, you've blessed me so often in life - but I still forget to come to you. You protect me like a dove with her young. Teach me to cling to you for my strength, and not seek it in everything else.
8	Psalm 63:9,10	God of Justice, judge by your power those harmful situations that can bring me down. Still, teach me to bless those who curse me and have mercy on those who seek only to harm.
9	Psalm 63:11	Joy Itself! I know true blessing is found in you. You alone are the King of Glory and none other. Bless our leaders that they might seek you, the Living God.

#### Daily verse: "I will bless you every time I take a breath" Psalm 63:4 (MSG paraphrase)

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### WEEK 4: TABLES

Our fourth week focuses on Tables. In	HE MIDST OF DARKNESS AND CHAOS, GOD SPREADS A WELCOME TABLE BEFORE US .
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Month/Date	Scripture	Prayer
March 10	Psalm 23:1,2	Lovely Shepherd, you provide rest and refreshment for me in the midst of the busyness. Encourage me to pause long enough to enjoy it. Show me where to drink.
11	Psalm 23:3	Great Restorer, you breathe life back into me when I can hardly catch my breath. You lead me on those paths you want me to take, paths that will lead me to you. Walk with me, my God.
12	Psalm 23:4a	Light in the Darkness, too often I find myself making wrong decisions, following the wrong voice. Thank you that you are with me even then. You never leave me even when I try to leave you. I have no need to be afraidbecause of you.
13	Psalm 23:4b	Father, thank you that you love me enough to correct me when I stray. Even this is a comfort. Your correction is part of the feast of love you spread before me, helping me grow.
14	Psalm 23:5	Faithful Lord, Your love for me is so evident, it should make my greatest enemies jealous. If only I would tell them about you. May I share your table of blessing with them as well.
15	Psalm 23:6a	Goodness Itself, all my life is surrounded by your love and goodness and mercy. They even follow me as I walk ahead. But help me to walk with you, Lord, and not ahead of you.
16	Psalm 23:6b	Eternal One, in our transient society we flit from place to place, from job to job. You alone are the constant in our lives. May I see you as my true home, no matter where I am.

#### Daily verse: "You spread a table before me in face of my greatest fears" Psalm 23:5 (The Couple Psalms, Greenberg)

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## WEEK 5: WAITING

Our fifth week focuses on Waiting. This is probably one of the most difficult of human tasks and waiting for God to move in
OUR LIVES IS NO DIFFERENT. BUT THIS CAN BE SACRED TIME BECAUSE GOD WAITS FOR US AS WELL.

Month/Date	Scripture	Prayer
March 17	Psalm 130:1,2	Timeless God, just as you did for you people so long ago, listen to my voice as well. I long for your mercy to reach the very depths of my being.
18	Psalm 130:3,4	Father of Mercy, the sins and omissions in life twist me away from you. Yet, you never hold them against me but long for me to receive your forgiveness. May I always praise you!
19	Psalm 130:5	Lord of all Flesh, may I really hope in you! Keep me steady as I wait for your promise in this life. Teach me how to hope with my whole being and not just with words.
20	Psalm 130:6	God of all Time, you know how driven I am by time. There's never enough and waiting seems like a waste. Today, I need to pause to grasp that you are worth waiting for.
21	Psalm 130:7	Encouraging Spirit, as I look for faithful love in this world, may I realize that it's found in you. You lift me from the grip of hopelessness. May I encourage others as well!
22	Psalm 130:7	My redeemer, sometimes I fail to see that purchasing my freedom was even necessary. Do I know just how trapped I was? Do I realize how expensive it was for you?
23	Psalm 130:8	Redeemer of the World, I confess that I forget that you have redeemed others besides me. Help me to see my neighbors and friends and even those who irritate me as ones whom you have purchased for yourself.

Daily verse: "I pray to GOD-my life a prayer-and wait for what he'll say and do" Psalm 130:5 (MSG paraphrase)

This Lent, we remind ourselves that God is with us in our wilderness, just as He was with Jesus. Jesus prepared for his mission for 40 days. God also prepares us for our mission, to be His resurrected people. We are not alone; we

pray together. These community prayers are inspired by the book, <u>Pause: Spending Lent with the Psalms</u> by Elizabeth F. Caldwell

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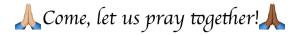
## HOLY WEEK: THANKSGIVING, LISTENING

Holy week focuses on Thanksgiving and Listening and feeling Alone. God listens when we pour out our heart to him.		
Month/Date	Scrípture	Prayer
Palm Sunday March 24	Psalm 118:26,27	Blessed One, you are the Light of the World and you give us light. We gather together to parade your goodness. We prepare branches of thanksgiving for you coming into our world.
25	Psalm 118:5-9	Amazing Love, how can I ever grow tired of praising you for your enduring and vibrant love for me? And yet I easily forgetuntil a time of distress. Remind me even when things are good.
26	Psalm 118:10-14	Lord of the Nations, we're always looking for heroes in times of uncertainty in our country and our culture. You alone, O Lord, are our strength. Should even our world crumble around us, you are our salvation. May we trust in you!
27	Psalm 118:28	My God - you are my God. You alone are my God. Teach me to recognize the false gods I'vce elevated in my life before you. You alone deserve my thanks and my adoration. No one else.
Maundy Thursday 28	Psalm 116:1,2	Divine Listener, you bend to hear the sound of my voice. Sometimes I shout and sometimes I can only whisper. Sometimes only you know the words that my heart can't seem to form. I love you. May I say this again and with passion, "I love you!"
Good Fríday 29	Psalm 22:1,2	My God, my God, why does it feel like you've forsaken me? I feel so far from you and I don't know why. Yet you are holy, my praises helping to create a throne for you. I want to praise you. From your throne O God, answer me and help me praise you again.
Holy Saturday 30	Psalm 22:24	Ever Present One, how often do I turn the wrong way and feel lost, thinking that somehow you've abandoned me? But like a loving parent, you have had your eye on me the whole time. You are always there, loving me, even when I can't hear or see you.

#### Daily verse: "I'll call out to him as long as I live, because he listens closely to me" Psalm 116:2 (CEB)

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his mission for 40 days. God also prepares us for our mission, to be His resurrected people. We are not alone; we pray together. These community prayers are inspired by the book, <u>Pause: Spending Lent with the Psalms</u> by Elizabeth F. Caldwell



## EASTER SUNDAY: HANDS!

EASTER DECLARES GOD'S CREATION OF THE PAST AND HIS NEW CREATION IN THE PRESENT. WE ARE THE WORK OF GOD'S HANDS, RENEWED
by his loving sacrifice and his power over all the universes. This is the God we serve!

Month/Date	Scrípture	Prayer
Easter! March 31	Psalm 19	God of Heaven and Earth, your heaven constantly declares your glory. Your sky proclaims your great creating ability. Each day announces your news as a wordless and voiceless sound. May I like they shout out your praises to the ends of the earth. You have recreated me in Jesus. May I live like a new person who is totally yours - your hands in this world!

Daily verse: "Let my mouth's words and my heart's meditation be acceptable to you, O LORD, my Rock and my Redeemer" Psalm 19:14